

CVAAA REACHING OUT

A Quarterly Publication of Senior Services, the Central Virginia Area Agency on Aging, Inc.
Vol. 8 Spring 2009 Lynchburg, Virginia



OPEN HOUSE

CVAAA clients, Board of Directors and Advisory Council members, assisted by Commissioner Nablo, opened the doors to the future of service delivery possibilities at the Agency's new location.



Va. Dept. for the Aging Commissioner Linda Nablo stressed the importance for community leaders to recognize and prepare for the coming wave of senior citizens. She cited CVAAA as an example of service providers critical to addressing the needs of the elderly and assisting them to age in place.

VOLUNTEER REGOGNITION



CVAAA Board Chairman Fred Fralick and Director of Human Resources Anita Villarreal, congratulate John Toler (center) for receiving a Silver Presidential Volunteer Service Award for having completed more than 300 volunteer hours of service to the Agency. Mr. Toler assists in the home-delivered meals program. He and over 40 others were recognized at an Agency special luncheon in April.



Send in the clowns. The Shriners' clowns volunteered to entertain seniors at the dance with their balloon skills.

and the SENIOR DANCE

Over 200 senior citizens enjoyed an afternoon of fun at the annual CVAAA Senior Dance event. This special time is an opportunity for the elderly to socialize, delight in refreshments and dance as they are able. This year's "Circus Big Top" theme had a carnival atmosphere complete with midway games.



CVAAA staff member John Gray helps seniors select a prize they won in the dart throwing game.

MARKED THE RITES OF SPRING AND THE RIGHTS OF OLDER AMERICANS

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is available on our website at www.cvaaa.com



Inside and outside, the morning crew from Nationwide—Ginny Jameson, Christine Abbott, Emilie Bateman, and Francine Westgate bring luster back to a CVAAA transportation vehicle.

DAY OF CARING 2009

Twenty-one CVAAA clients benefited greatly from the annual Day of Caring event sponsored by United Way and participated in by hundreds of volunteers from area businesses, corporations and organizations. The volunteers made a meaningful difference in the lives of those clients they touched on this day as they completed various projects in the clients' homes. CVAAA's dirty vehicles also benefited from the event.



Nationwide employees Monique Brown, Becky Carwile and Retta Spencer (the afternoon crew) give a much needed cleaning to one of CVAAA's meals delivery vans.

CVAAA, Inc.
P. O. Box 1390
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CVAAA'S MISSION

The mission of the **Central Virginia Area Agency on Aging, Inc.** is to enable senior citizens to remain independent in their home by providing quality supportive services.

DONATIONS WELCOMED

If you would like to help support the mission of CVAAA to bring needed services to older adults in our local communities, your contribution will be greatly appreciated. For a donation of \$125 or more, you may designate someone to memorialize or honor with a plaque that will be placed on the Honor and Memorial Wall at CVAAA as a lasting reminder of your generous support. Please call for more information.



United Way
of Central Virginia
Partner Agency

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Quality services for
aging in place.

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