

CVAAA REACHING OUT

Vol. 6 Winter 2007

A Quarterly Publication of the Central Virginia Area Agency on Aging, Inc.

Lynchburg, Virginia

SANTA CALLS

The tradition of making telephone calls to their family and relatives living a "long-distance" from the Central Virginia area continued in December 2006 when 61 senior citizens served by **CVAAA** were transported by the Agency to **Nationwide** for this much appreciated holiday gift.



Seniors arrive at Nationwide



Nationwide's Santa provides holiday cheer



In addition to having an opportunity to make telephone calls, seniors enjoyed refreshments, played games, sang carols, and received gifts along with a visit from Santa. **CVAAA** is indeed fortunate and grateful to have **Nationwide** as a community partner and supporter of its aging services.

Was one of your New Year's resolutions to donate some of your resources to helping others? If so, please contact CVAAA for opportunities to volunteer and donate to a worthy cause.

HAPPY NEW YEAR



Some of the gifts waiting to be delivered

There's No Place Like

HOME FOR THE HOLIDAYS

Once again, scores of elderly citizens that would otherwise not have enjoyed a Very Merry Christmas, benefited from gifts donated through **CVAAA's** special holiday project. Gifts and food were delivered to over 300 seniors. The success of the project depends on the community's response relative to picking "Angels" for whom to buy gifts, making monetary donations, contributing food items, serving as an "Angel Tree" site, or volunteering to deliver gifts. The response this year was gratifying and gave evidence to support the true meaning of Christmas. For all of the supporters of its "Home for the Holidays" project in 2006, **CVAAA** extends a sincere note of thanks.

CVAAA REACHING OUT is available on our website at www.cvaaa.com.



IT MEANS A LOT

One important thing that makes the job one does much more rewarding is the awareness that what one does is appreciated by others. Staff are greatly rewarded and **CVAAA** is reassured it is making a positive difference in someone's life when it receives words of thanks such as the following that were excerpted from a card received from a client recently:

"...to let you know how much I appreciate the many kind deeds that you've shown me...for all things that were done to help me. I won't forget you. Never!!"

CVAAA, Inc.
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CVAAA'S MISSION

The mission of the **CVAAA** as the designated Area Agency on Aging for the Planning and Service Area (PSA #11: Bedford and Lynchburg Cities; Amherst, Appomattox, Bedford, and Campbell Counties) is to carry out the legislative intent of the Older Americans Act by providing supportive services such as meals, transportation, care management, personal care, homemaker assistance, elder rights advocacy and legal assistance for older citizens to enable them to remain independent in their homes, to be active in the life of the community, and to live life to the fullest degree that each is able.

DONATIONS WELCOMED

If you would like to help support the work of **CVAAA** to bring needed services to older adults in our local communities, your contribution will be greatly appreciated. For a donation of \$125 or more, you may designate someone to memorialize or honor with a plaque that will be placed on the Honor and Memorial Wall at **CVAAA** as a lasting reminder of your generous support. Please call for more information.

www.cvaaa.com

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CVAAA is a member agency of the United Way of Central Virginia.



**What we do.....
makes a difference**

This publication has been produced by CVAAA with financial assistance, in whole or in part, from the Administration on Aging and/or the Virginia Department for the Aging.