

CVAAA REACHING OUT

A Quarterly Publication of the Central Virginia Area Agency on Aging, Inc.
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ANNUAL ALL-STAFF TRAINING DAY SERVES MANY PURPOSES

Baring hurricanes and other natural disasters, CVAAA holds a once-a-year event in September when all agency staff convene away from the office for a day of training and an opportunity to meet other staff members they normally do not encounter in their daily workplace assignment. In addition to receiving updates on policies and procedures, staff hear presentations on special topics such as "Challenges in the Workplace" and "Dealing With Stress". It is also the setting for agency service recognition, the annual United Way Campaign Drive and the pick-up of the Fall "Emergency Meals" for the coming inclement weather months.



Nutrition Transportation Driver Tom Segroves (at r. in photo) picks up the emergency meals for the Bedford City area.



The agency surpassed its United Way Campaign goal of \$4,500 thanks to the generosity of its employees.



John Gray, Nutrition Transportation Driver makes his contribution to the United Way.

AGENCY SERVICE RECOGNITION

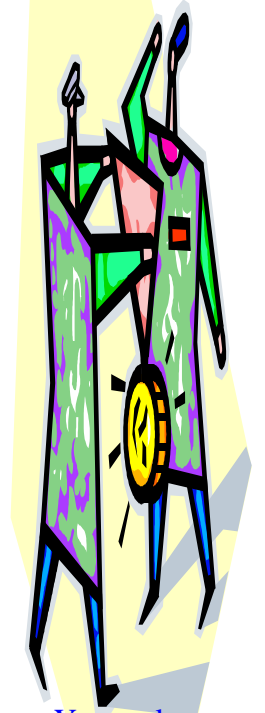
Jean Higginbotham, chairperson of the agency's Board of Directors, expressed appreciation to all staff in attendance at the September 2007 All-Staff Training Day for their dedication to serving the agency's clients. Several staff members were recognized and received service pins during the event. Those recognized having served five years with **CVAAA** were **Jerry Brunning, Janis Cage, Bob Crago, Delores Gowen, Debra Herndon, Vanessa Nowlin,** and **Lisa Winston.** **Nancy Whorley** was recognized for completing 10 years of services. **Peggy Blankenship** received an inscribed serving tray for her 25 years of dedicated service. The agency is indeed fortunate to have employees such as these who have given so much over the years.

BEDFORD RIDE DRIVERS RECEIVE PRESIDENTIAL VOLUNTEER AWARDS

A special picnic was held at the Sedalia Center in Big Island to honor the individuals that volunteer for the Bedford Ride project. **CVAAA** presented many of the volunteers with a national President's Volunteer Service Award (Points of Light Foundation) based on the hours of service provided during the previous year. Siegfried Schaffer received a Gold Award. Receiving a Silver Award were Gary Bell, Franklin Bledsoe, John Crouse, Buddy Crowder, and John Forman. A Bronze Award went to Linda Boast, Bert Bowers, Clarence Brown, Billy Burnette, Charles Caudle, Robert Chevalier, John Davis-McMullan, Arthur Drewry, Robert Dunne, Ronald Felix, Linda Little, Alfred Lowry, Percy Moore, Robert Ollweiler, Jerry Over, Arnold Pugh, Eugene Reed, Betty Ritter, Ronald Roseveare, Ronald Russell, Ruby Shields, Carl Simpson, Lamar Smith, Lois Talton, Billy Tew, Mel Thurmond, Hedy Vandermeiden, Marion Wagner, Ellen Wandrei, Jim Welch, and Betty Witt. Special guests at the event included Virginia General Assembly Delegate Lacey Putney and Bedford County Sheriff Mike Brown.

This unique project is made possible by its volunteers and other supporters in the community.

Good job.
Well done.



You make a
difference.

DINING SITE CLIENTS COMPLETE QUILT

Several of the senior citizens that attend the agency's Congregate Dining Site in Altavista used their talents to construct a quilt that is now being used as a fundraiser for special activities that the site participants can enjoy. Site Manager, Martha Brown said the project was a great deal of fun and satisfaction for all of the folks at the site that participated.



Site Manager Martha Brown displays the quilt .

**CVAAA, Inc.
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CVAAA'S MISSION

The mission of the **CVAAA** as the designated Area Agency on Aging for the Planning and Service Area (PSA #11: Bedford and Lynchburg Cities; Amherst, Appomattox, Bedford, and Campbell Counties) is to carry out the legislative intent of the Older Americans Act by providing supportive services such as meals, transportation, care management, personal care, homemaker assistance, elder rights advocacy and legal assistance for older citizens to enable them to remain independent in their homes, to be active in the life of the community, and to live life to the fullest degree that each is able.

DONATIONS WELCOMED

If you would like to help support the work of **CVAAA** to bring needed services to older adults in our local communities, your contribution will be greatly appreciated. For a donation of \$125 or more, you may designate someone to memorialize or honor with a plaque that will be placed on the Honor and Memorial Wall at **CVAAA** as a lasting reminder of your generous support. Please call for more information.



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**What we do.....
makes a difference**

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